City of Mountain View **Community Services Department Recreation Division** www.mountainview.gov



Photo and Design by Rosa Delgado

What's Inside

Socializing & Learning	2
Gathering Places	3
Holiday Activities	4
Tot & Preschool	5-7
Youth & Teen	7-9
Adults & Seniors	9-10
Senior Center	11
Shoreline Golf Links	12
Mountain View Tennis Center	13
Socializando y Aprendiendo	14
Información para Inscripciones	15
Registration Information	16
Class Registration Form	16
For Information in Russian, plea call (650)903-6145	se

如果你是山景城的居民,需要更多的中文 资料,请打电话650-903-6145 转3号分机

Program Holidays*

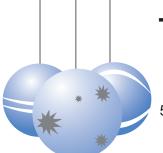
Monday, September 5 - Labor Day Friday, November 11 - Veteran's Day Thursday, November 24 - Thanksgiving Friday, November 25 - Day After Thanksgiving Monday, December 26 through Monday, January 2 (Christmas & New Years Holiday Observed)

* Lap Swim hours may vary; refer to page 9.

Work It Outdoors!

Parks Make Life Better through exercise! Join us in finding ways to get active while enjoying the beautiful scenery at Mountain View's parks such as Rengstorff and Cuesta, as well as Shoreline and Stevens Creek Trail.

Challenge yourself this Fall to be more active and participate in various exercise opportunities such as Power Boxing or Belly Dancing, or by simply taking a nice walk or jog in one of Mountain View's Parks! Mountain View Recreation invites you and your family to celebrate all the great benefits of health and fitness that it has to offer!



Community **Tree Lighting** Celebration

Monday, December 5, 2011 5:30 p.m. to 7:30 p.m. Civic Center Plaza, 500 Castro Street

Celebrate the holidays with friends and family at the Mountain View Tree Lighting Celebration. Enjoy live holiday music, refreshments, lights and the arrival of Santa Claus. Children can visit and have their picture taken with Santa at this free event. In the spirit of the season, guests are encouraged to bring a can of food to help build the giving tree, to benefit the Community Services Agency.

Monster Bash

Saturday, October 29, 2011 5:00 p.m. to 8:00 p.m. Community Center, 201 South Rengstorff Avenue



Come celebrate Halloween with your family, friends and neighbors at the Mountain View Monster Bash! We will be featuring an outdoor movie appropriate for all ages, Halloween crafts, and refreshments. There will be a costume parade at 5:30 p.m. and the movie

will begin at 6:00 p.m. All are invited to attend this FREE family event.

new in this fall issue

Teen & Adult Fitness Classes Teens page 8 Adults page 10

DEVELOPMENTAL ASSETS KEY



Positive Identity



Positive Values



Empowerment

Boundaries & Expectations Commitment to Learning

Deer Hollow Farm's Annual Ohlone Day

October 15, 2011 1:00 p.m. to 4:00 p.m. \$5 per person / Children under 2 years - FREE!



Step into the daily lives of the original Bay Area inhabitants, the Ohlone, at Deer Hollow Farm's annual Ohlone Day fundraiser. The Living History Festival offers visitors a chance to spend an afternoon in the Farm's replica Ohlone Village, normally closed to the public.

Many hands-on activities will teach the skills essential to daily Ohlone survival such as acorn grinding, cooking with hot rocks, shell-

drilling, and rope-making. There will be games, face painting, and music.

Festival highlights are the fire-starting and archery demonstrations by Keith Gutierrez, a former long-time lead teacher at Deer Hollow. Skilled flint-knapping and tool-crafting artisans David Dewey and Dick Baugh will demonstrate how to make hand-crafted Ohlone tools.

Deer Hollow Farm is located in Rancho San Antonio County Park. Ohlone Day is an annual fund-raiser hosted by Friends of Deer Hollow Farm, a 501(c)(3) nonprofit organization which helps enable Farm improvements and supports its environmental education program. For more information visit www.fodhf.org.

Deer Hollow Farm School Year Registration 2011-12

Deadline: Monday, September 12, 2011 at 5:00 p.m. Community Center, 201 South Rengstorff Avenue

Deer Hollow Farm is excited to offer mail-in registration for the Farm's environmental education program. A lottery system will be used during the registration process, but teachers will no longer be required to register in person. To receive a registration form, please email Deer Hollow Farm at deerhollowfarm@mountainview.gov. Your registration will act as your lottery ticket and must be returned to the Mountain View Community Center by Monday, September 12 at 5:00 p.m.

Classes are offered to elementary school classes and community groups from October through May. The following classes are available: Farm and Garden (Kindergarten), Fleece and Milk (1st grade), Life Sciences Hike (2nd grade and older), Ohlone Habitat (3rd grade) and Ohlone Village (4th grade and older). The class fee varies by school location. For more information, call Deer Hollow Farm at (650) 903-6430 or visit www.mountainview.gov or email deerhollowfarm@mountainview.gov.

Community Services Agency

204 Stierlin Road (650) 968-0836

The Community Services Agency offers an Emergency Assistance Program that provides: one-time financial assistance with rent; one-time financial assistance with PG&E bills; Food and Nutrition Center (supplemental food program open Monday through Friday); backpacks and school supplies; dental and vision care (including eyeglasses) for uninsured children; holiday bags and toy distribution; medical prescription assistance for uninsured children and adults; and fee waivers.

Appointments:

Mondays, Tuesdays, Thursdays: 9:00 - 11:00 a.m. & 1:30 - 3:00 p.m. Fridays: 1:30 to 3:00 p.m.

Become our Fan on Facebook!

The City of Mountain View Recreation Division is now on Facebook! Search for our page and become a fan! www.facebook.com/mountainviewrecreation

Spooky Times at Deer Holloween Farm

Saturday, October 29, 2011 10:00 a.m. to 3:00 p.m. \$7 per person, \$5 with costume All ages welcome! Light Rain or Shine



Deer Hollow Farm, in conjunction with the Friends of Deer Hollow Farm, invite you and your family to celebrate the spooky spirit of Halloween! Explore haunted barns, try your hand at children's activities and crafts and of course, meet the residents of the Farm- sheep, goats, chickens, rabbits, pigs and Luna the cow! Enjoy the Halloween season and help support the Farm. Proceeds from this event will be used to provide care and feed for the livestock.

Deer Hollow Farm is located in the Rancho San Antonio Open Space Preserve. Please visit the Deer Hollow Farm website for directions, or call the Farm at (650) 903-6430.

Write a Letter to Santal

This holiday season, all children who are residents of Mountain View, can put together their wish lists and send them to Santa! The City of Mountain View Youth Advisory Committee will assist Santa Claus by writing a personal and appropriate response to your child's letter. Don't forget your return address so Santa can respond! Sending a letter is free and is available to Mountain View residents only. There are two easy ways for Santa to receive letters:

1. Drop your child's letter in Santa's mailbox located in the Mountain View Community Center's main office between the hours of 8:30a.m. - 5:00p.m.

- OR -

2. Mail the letter to: Santa Claus 201 South Rengstorff Avenue Mountain View, CA 94039



All letters must be postmarked by Wednesday, December 7. Responses will be mailed by Wednesday, December 14.

Parks and Recreation Commission

Thida Cornes (Chair), Paul Donahue (Vice Chair), Roger Burney, Miryam Castaneda and Gary Griffith.

The Parks and Recreation Commission meets the second Wednesday of the month at 7:00 p.m. at the Mountain View Senior Center, 266 Escuela Avenue.

Upcoming meeting dates: September 14, October 12, and November 9.

Recreation Class Financial Assistance Program (FAP)

The City provides eligible, low-income Mountain View families limited financial assistance to register children for recreation classes in order to enjoy the benefits of recreation. To qualify, applicants must be a Mountain View resident and qualify through the Community Services Agency (CSA) screening process (subject to Santa Clara County HUD guidelines). The original CSA Financial Assistance Form must be submitted each year at the first time of registration for recreation classes. Upon eligibility, recipients will be allowed to register for a maximum of \$400 or \$800 worth of classes.

- •A \$6 fee shall be charged per transaction.
- Withdrawals made less than 14 days prior to the start date of a class will have double the cost of the class subtracted from the customer's FAP allocation. No amount will be returned to the remaining FAP balance once it has been applied towards class registration, unless the class is cancelled by the Recreation Division.
- Requests for Transfers, if space is available, MUST be made no less than (7) calendar days before the first day of both classes, including weekends and holidays.
- FAP recipients who do not attend the first day of a class for which they are registered will be automatically withdrawn and have double the cost of the class subtracted from their FAP allocation. FAP participants must contact the Recreation Division the first day of each session to report absences. If contact is not made on the first day, the FAP participant will be withdrawn.
- FAP is good for one year (September 1 through August 31) and does not apply to Golf, Tennis, Lap Swims and Special Events.

Perfect Gathering Places for Socializing, Learning & your Special Event

Planning a special social or business event? Mountain View has the locations you'll want to see! For information or to schedule a tour, please call the Recreation Division Facility Rental Office at (650) 903-6407 or visit www.mountainview.gov.



Adobe Building

The Historic Adobe Building's large hall and adjacent garden offer an intimate gathering place for a variety of events of up to 100 people.



Community Center

Set in the midst of Rengstorff Park, the versatile Community Center offers a selection of meeting rooms perfect for events for 25-200 people.



Senior Center - Social Hall

Experience the stunning architecture of Mountain View's Senior Center with its banquet hall seating 200, full catering kitchen and beautiful patio.

BBQ Reservations!

Beginning October 1st reservations for the 2011 season can be made by appointment only. Please call (650) 903-6407 to set up a time. All reservations must be made two business days prior to your event. For more information on the BBQ areas or to download an application please visit the City's website at www.mountainview.gov.



Picnic areas at Cuesta & Rengstorff Park

General Use Notification

Groups of 50 or more people wishing to use any City park (with the exception of BBQ reservations) must apply for a General Use Notification.

Applications must be submitted at least 2 weeks prior to your event date, and require a 5 business day approval process (a \$62 fee will be charged). For more information on obtaining a General Use Notification, please call (650) 903-6407.



Accessible Programs & Facilities

27. Dog Park

28. Huff School/Park

29. Mercy - Bush Park

30. Slater School/Park

32. Sierra Vista Park

33. Devonshire Park

31. Springer School/Park

10. Eagle Park/Pool

11. Pioneer Park

13. Fairmont Park

14. Landels Park

15. Svlvan Park

16. Gemello Park

12. Dana Park

Reasonable accommodations in facilities, policies, procedures and/or practices will be made, if necessary, to ensure full and equal access and enjoyment of all programs and activities for individuals with a disability in accordance with the Americans with Disabilities Act (ADA). Individuals with disabilities should contact the Recreation Division at (650) 903-6331 to discuss meeting accessibility.

B. Whisman Sports Center at

D. Mountain View Community

Center/Recreation Division

E. Mountain View Senior Center

C. Parks Division Office

Office

Crittenden Middle School

at Graham Middle School

Center for the Performing Arts

G. Public Library, City Hall,

I. Mountain View High School

J. The House Teen Center

L. Historic Adobe Building

H Deer Hollow Farm

K. Willowgate Garden

Facility Directory	
Adobe Building	
157 Moffett Boulevard	903-9050
Community Center (CC) 201 S. Rengstorff Avenue	903-6331
Room 1	
Room 2	
Room 3	
Auditorium	
Lower Social Hall	
Cuesta Tennis Center 685 Cuesta Drive	967-5955
Deer Hollow Farm Rancho San Antonio County Park	903-6430
Eagle Park Pool 650 Franklin Street	903-6413
FullForce Fitness 1954 Old Middlefield Way	963-9853
Fun with Media 1764-A Miramonte Avenue	962-5400
Mountain View Sports Pavilion (MVS	8P),
Graham Athletic Complex, & Graham Middle School	
1185 Castro Street	903-6819
Peninsula Youth Theater (PYT) 2500 Old Middlefield Way	988-8798
Rengstorff Park Pool 201 S. Rengstorff Avenue	903-6414
Senior Center 266 Escuela Avenue	903-6330
Shoreline At Mountain View	
2600 N. Shoreline Boulevard Administration	003-6302
Amphitheatre Box Office	
Golf Links	
Sailing Lake	
The House Teen Center	905-7474
298 Escuela Avenue	903-9045
Tiger Martial Arts 1111 W. El Camino Real #117 Sunnyvale(408) 730-2534
Twisters Gymnastics	
2639 Terminal Boulevard	907-5581
Whisman Sports Center (WSC) & Crittenden Park	

1500 Middlefield Road......903-9040

Palo Alto......493-4566

Sunnyvale(408) 738-2433

Winter Lodge

3009 Middlefield Road

1336 S. Mary Avenue

Young Chefs Academy (YCA)



santa visits 🧗

Santa is ready to make his yearly visits to Mountain View residents on Tuesday, December 20 and Wednesday, December 21. Santa will spend 15 minutes in your home visiting children and spreading holiday cheer! The cost for this program is \$30, and all visits will be made between 6:00 p.m. and 9:00 p.m. Beginning Thursday, November 17 at 8:30 a.m., Mountain View residents can sign up in person for a visit at the Community Center located at 201 South Rengstorff Avenue.

Santa will only have time to visit Mountain View residents (please review acceptable proof of residence on page 16). The individual who owns the home where the visit will take place must be the person to register. To allow Santa enough time to spend with everyone, parties must be limited to a maximum of 8 children. Please bring the name and age of each child to register. No adult parties, please. Due to the amount of people who may be registering, please allow for time during the registration process.

preschool

turkey tot time

While mom or dad take some time to shop for the turkey, kids will be busy making Thanksgiving decorations. Instructor: Recreation Staff.

Location: Community Center - Room 1

Ages 3-6				Resident/Non-Resident
16480	Sa	10:00AM - 12:00PM	11/19	R\$30 /NR\$38

little elves workshop

Santa's not the only one who's busy this holiday season! While the grown ups are braving the hustle and bustle of the department stores, the little one's will be hard at work decorating gingerbread cookies, and hand crafting ornaments for their nearest and dearest. Instructor: Miss Mary.

Location: Community Center - Room 1

Ages 3-6				Resident/Non-Resident
16479	Tu	9:30AM - 12:00PM	12/20	R\$38 /NR\$47

pre-engineering with legos®

Build cities, bridges, and motorized cars/planes and explore the many creative possibilities of engineering with the LEGO® system. With access to over 100,000 pieces of LEGO®, you will have the opportunity to build what you have only dreamed of with the support of an experienced Play-Well Engineering instructor to quide you! Instructor: Play-Well Teknologies Staff.

Location: Community Center - Room 3

Ages 5-7				Resident/Non-Resident
16473	M-Th	9:00AM - 12:00PM	12/19-12/22	R\$135 /NR\$168.75

preschool gymnastics camp

Bounce, run and explore in a safe and fun environment! Children will explore basic gymnastics, play games and make art projects while supervised by enthusiastic and responsible coaches. Children get to practice on the floor, bars, low beam, trampoline and tumble track and have a great time! Please bring a snack. Instructor: Twisters Gymnastics Staff.

Location: Twisters Gymnastics

Ages 3-6			R	esident/Non-Resident
16462	M-F	9:00AM - 12:00PM	12/19-12/23	R\$160 /NR\$200
16463*	Tu-F	9:00AM - 12:00PM	12/27-12/30	R\$128 /NR\$160

youth & teen

engineering fundamentals with legos®

Take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 pieces of LEGO® material. Designed by engineers, the curriculum challenges both new and returning students to reach the next level of engineering comprehension all while having fun. Instructor: Play-Well Teknologies Staff.

Location: Community Center - Room 3

Ages 7-10)		R	esident/Non-Resident
16474	M-Th	1:00 - 4:00PM	12/19-12/22	R\$135 /NR\$168.75

winter adventure camp

Get ready to have an adventure with leaders and friends! During this four day camp, participants will engage in active games, arts and crafts, and sing songs! We will also watch holiday movies, take trips to a bowling alley and a Pottery Coloring Studio, and have a baking day! Please send a bag lunch and drink with your child each day. Snacks are provided and field trip fees are included in the cost of camp. Instructor: Recreation Staff. NO CAMP 12/23.

Location: Community Center - Lower Social Hall

Ages 7-10			Resident / Non-Resident		
16472	M-Th	9:00AM - 4:00PM	12/19-12/22	R\$165 /NR\$206	

winter jewelry making camp 🐿

Join Dragonfly Designs and become your own designer by learning the ancient art of jewelry making in time for the holiday season! Our winter camp experience starts with an hour of yoga games and stretches each morning, and expert jewelry instruction throughout the day! You will be introduced to a wide range of new jewelry making techniques that make beautiful gifts for friends and family, including resin, bead stamping, crimping, and so much more. \$70 materials fee for full day camp or \$45 materials fee for half day camps for jewelry making supplies is payable to instructor at the first class. Instructor: Dragonfly Designs Staff.

Location: Community Center - Room 2

Ages 6-13	3		Resident /Non-Resident	
16437	M-Th	9:00AM - 3:00PM	12/19-12/22	R\$240 /NR\$300
16438	M-Th	9:00AM - 12:00PM	12/19-12/22	R\$150 /NR\$187.50
16439	M-Th	12:00 - 3:00PM	12/19-12/22	R\$150 /NR\$187.50

peninsula youth theatre winter camp

Peninsula Youth Theatre has just the way to shake up the vacation blues. Spend your break acting, creating skits and playing theater games as well as creating props and costumes. Culminating in a demonstration for parents and friends, this camp is sure to spice up your break! Please send a bag lunch and drink with your child each day. Instructor: Peninsula Youth Theatre Staff.

NO CAMP 12/23, 12/26.

Location: Peninsula Youth Theatre

Ages 8-13	}		R	Resident/Non-Resident
16449*	M-F	8:30AM - 3:30PM	12/19-12/30	R\$257/ NR\$321.25

gymnastics camp

Discover the world of Gymnastics! Flip, twist, and bounce while learning fun and progressive skills from all of the Olympic Events! Have fun bouncing, swinging, flipping, and tumbling! Please bring water, a snack, and a bagged lunch. Instructor: Twisters Gymnastics Staff.

Location: Twisters Gymnastics

Ages 6-12	2	Resident/Non-Resident		
16459	M-F	9:00AM - 2:00PM	12/19-12/23	R\$220 /NR\$275
16460*	Tu-F	9:00AM - 2:00PM	12/27-12/30	R\$176 /NR\$220

rock climbing camp

Climbers will cover the fundamental techniques of climbing, basic motor and problem solving skills while playing games and having fun! Please wear tennis shoes and bring a lunch and a snack. Instructor: Twisters Gymnastics Staff.

Location: Twisters Gymnastics

Ages 7-14				Resident/ Non-Resident
16466	M-F	9:00AM - 12:00PM	12/19-12/23	R\$170 /NR\$212.50
16467*	Tu-F	9:00AM - 12:00PM	12/27-12/30	R\$136 /NR\$170

holiday baking camp

Join us for holiday baking fun! Young Chefs will create at least 4 holiday treats each day, sample the work, and take treats home to share! Vegetarians and special diets welcome. \$100 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff.

	Ages 5-8				Resident/Non-Resident
	16487	M-F	9:00AM - 12:00PM	12/19-12/23	R\$150 /NR\$187.50
Ages 9-13			F	Resident/Non-Resident	
	16488	M-F	1:30 - 4:30PM	12/19-12/23	R\$150 /NR\$187.50

the picture perfect plate 🏵

Entertain your quests by creating delicious and beautiful looking appetizers, side dishes, and desserts! Young Chefs will also learn decorating and plating techniques. Vegetarians and special diets welcome. \$100 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff.

Location: Young Chef's Academy

Ages 5-9			I	Resident/Non-Resident
16489*	M-F	9:00AM - 12:00PM	12/26-12/30	R\$150 /NR\$187.50
Ages 9-13			ı	Resident/Non-Resident
16490*	M-F	1:30 - 4:30PM	12/26-12/30	R\$150 /NR\$187.50

Online Registration Not Available.

*Due to our holiday schedule, registration must be received no later than Friday, December 23 at 5:00 p.m.

dance

dancing together Ψ

Give your child the beginning elements of dance in a fun and creative learning environment! With the help of a parent or caretaker, we will use scarves, teddy bears, wands and other props while dancing. Your child will love the listening and moving activities that will get you both dancing around hand-in-hand! Parent/ Caretaker participation required. Instructor: Dance Force Staff.

NO CLASS 10/29, 11/26.

Location: Community Center - Room 3

Ages 1.5	-3			Resident/Non-Resident
16431	Sa	9:15 - 9:45AM	10/8-12/17	R\$87 /NR\$108.75

tiny tots ballet

Magic Wands, Teddy Bears, and Tutus! Your child will love this action-packed class! Students will be introduced to ballet, creative movement, and dance terminology while playing with fun props! Instructor: Dance Force Staff.

NO CLASS 10/29, 10/31, 11/26,

Location: Community Center - Room 3

Ages 2-3				Resident/Non-Resident
16421	M	10:20 - 10:50AM	10/3-12/12	R\$96 /NR\$120
16422	M	5:10 - 5:40PM	10/3-12/12	R\$96 /NR\$120
16423	Sa	10:40 - 11:10AM	10/8-12/17	R\$87 /NR\$108.75

tumble together! **NEW**?

It's time to tumble and play! This is a parent and child class where you will help your child learn basic tumbling like crab walks, log rolls, bear walks, leap frogs, and bridges. We will do fun movement games and dances to help promote balance, rhythm, and body control. We will sing songs, dance with props and more! Instructor: Dance Force Staff. NO CLASS 10/31.

Location: Community Center - Room 3

Ages 2-3	.5		Resident/Non-Resident	
16424	М	10:55 - 11:25AM	10/3-12/12	R\$96 /NR\$120

tumble time!

It's Tumble Time! Discover basic tumbling like somersaults, jumps, bear walks, leap frogs, and bridges. We will do fun movement games and dances to help promote balance, rhythm, and body control. Let's practice taking turns, performing in front of each other, working with partners, sing songs, dance with props, and more! Instructor: Dance Force Staff. NO CLASS 10/31.

Location: Community Center - Room 3

Ages 2.5-4				Resident/Non-Resident
16425	М	3:30 - 4:15PM	10/3-12/12	R\$96 /NR\$120

preschool ballet & tap

Introduce your child to ballet and tap in this exciting class! Learn ballet steps, tap combinations, and understand dance terminology, while dancing to fun music! Parents will be invited to attend an in-class performance on the last day of class. Tap shoes are required. Instructor: Dance Force Staff.

NO CLASS 10/29, 11/24, 11/26.

Location: Community Center - Room 3

Ages 3-5				Resident/Non-Resident
16428	Th	3:15 - 4:00PM	10/6-12/15	R\$114 /NR\$142.50
Ages 3-6				Resident/Non-Resident
16429	Sa	11:15AM - 12:00PM	10/8-12/17	R\$103 /NR\$128.75

princess pre-ballet

Calling all Princesses! Come join this magical class as we introduce your child to ballet and creative movement. Your child will learn individual steps, across the floor movement, and dance combinations. We will use fun props while dancing to your favorite princess music! Instructor: Dance Force Staff.

NO CLASS 10/29, 10/31, 11/26.

Location: Community Center - Room 3

Ages 3-5				Resident/Non-Resident
16418	М	9:30 - 10:15AM	10/3-12/12	R\$114 /NR\$142.50
16419	M	5:45 - 6:30PM	10/3-12/12	R\$114 /NR\$142.50
16420	Sa	9:50 - 10:35AM	10/8-12/17	R\$103 /NR\$128.75



Limited Space

Available!

preschool

Priority registration has been taken for the Fall session of 2011-2012 school year. Preschool placement is limited. For more information about the registration process and/or to place your child on the waitlist, please visit the Community Center or call (650) 903-6331 during regular business hours.

Registration Requirements:

Correct age verification must be submitted by providing: 1) A photocopy of the child's birth certificate. 2) A photocopy of the child's current immunization card. 3) Children must be able to use the bathroom independently (no diapers or potty-training diapers, please).

This creative play-based preschool program has been designed to meet the developmental needs of the "whole child." The curriculum centers on the vital social opportunities children need in order to grow emotionally, cognitively, and kinesthetically. Children are provided the opportunity to learn at their own pace with a curriculum that includes daily art and circle time activities, singing, dancing, and storytelling. Instructor: Miss. Mary. NO CLASS 9/5, 11/11, 11/24, 11/25.

Class Location: All classes held at the Community Center - Room 1

kinder-prep

Kinder-Prep has been designed as a more structured learning environment. Students will be engaged in letter and number recognition activities as well as beginner's level writing, reading, and science opportunities in an environment that honors student's developmental stages as well as personal milestones.

Age: Only pa	articipants born	between December 3, 200	6 & December 2, 2007	Resident/Non-Resident
15712	M/W/F	1:00 - 3:30PM	9/7-10/28	R\$432 /NR\$540
15713	M/W/F	1:00 - 3:30PM	10/31-12/16	R\$357/ NR\$446

preschool playschool Ø FULL

The PlaySchool class builds on the foundation developed in the Tot Time class. Students are encouraged to develop the social, emotional, kinesthetic, and cognitive skills that will serve them through the kindergarten and elementary years. The curriculum is play-based and experiential and includes singing, dancing, storytelling, cooperative crafts, and hands-on science activities. Students will be empowered to 'find out for yourself.'

Age: Only pa	rticipants born	between December 3, 2006	6 & December 2, 2007	Resident/Non-Resident
15714	M/W/F	9:15 - 11:45AM	9/7-10/28	R\$432 /NR\$540
15715	M/W/F	9:15 - 11:45AM	10/31-12/16	R\$357 /NR\$446

preschool tot time Ø FULL

This social, play-based preschool class allows the young preschooler the opportunity to develop social and emotional fortitude skills in a stimulating and nurturing classroom environment. The curriculum includes daily art and circle activities, singing, dancing, storytelling, and fingerplays.

A	lge: Only	participants born	between December 3, 200	7 & December 2, 2008	Resident/Non-Resident
	15716	Tu/Th	9:15 - 11:45AM	9/6-10/27	R\$300 /NR\$376
	15717	Tu/Th	9:15 - 11:45AM	11/1-12/15	R\$244/ NR\$305

Parks Make Your Life Better?

special interest

big chef, little chef! ♥

Learn to cook delicious and simple recipes with Mom, Dad, Grandma or Grandpa! This class incorporates monthly-themed recipes, age-appropriate culinary skills, basic nutrition, story time and circle time. At the end of each class, everyone gets to eat what they cooked! *\$80 materials fee for cooking supplies is payable to instructor at first class.* Instructor: Young Chef's Academy Staff.

NO CLASS 11/25, 11/26.

Location: Young Chef's Academy

Ages 2.5	-4.5	Resident/Non-Resident		
16481	F	10:30 - 11:30AM	10/7-12/16	R\$120 /NR\$150
16482	Sa	9:00 - 10:00AM	10/8-12/17	R\$120 /NR\$150

kinder chefs

Cook up your very own fun with recipes geared for Pre-K and Kindergarten students! Each class, students will make two recipes, eat what they've made, read a story and play a cooking-related game. \$100 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff. NO CLASS 11/23, 11/24.

Location: Young Chef's Academy

1	Ages 4.5	-6.5	Resident/Non-Resident		
	16483	W	4:00 - 5:30PM	10/5-12/14	R\$150 /NR\$187.50
	16484	Th	1:30 - 3:00PM	10/6-12/15	R\$150 /NR\$187.50

music together® 🔻

Discover the world of music with your child! Sing songs from many cultures, chant, clap, dance and play with percussion instruments. Through guided musical play, children learn to imitate tonal patterns and rhythms, and parents discover how best to encourage musical development based on their own child's learning style. \$40 materials fee for CD's, songbook and parents' education guide payable to instructor at first class. Instructor: Music Together Staff.

Location: Community Center - Room 3

Ages 1-4				Resident/Non-Resident
16444	W	10:00 - 10:45AM	10/5-12/7	R\$160 /NR\$200
16445	W	11:00 - 11:45AM	10/5-12/7	R\$160 /NR\$200

story stretchers

Designed for the creative preschooler, this class brings familiar stories to life using music, movement and games. Children will get to become their favorite characters and create plays of their own. This is a fun way for beginners to experience the joy of theater. Instructor: Peninsula Youth Theatre Staff. **NO CLASS 11/24.**

Location: Peninsula Youth Theatre

Ages 3.5-5			Resident/Non-Reside		
16448	Th	3:00 - 3:45PM	9/29-12/8	R\$122 /NR\$152.50	

sports & fitness

walking wonders **Y**

Help your child develop muscle coordination, body control, and social interaction in an educational environment! This class is designed for children, walking to 3 years, emphasizing fine and gross motor development. Twisters instructors will carefully construct an age appropriate class. *Parent participation required*. Instructor: Twisters Gymnastics Staff. **NO CLASS 11/23, 11/25.**

Location: Twisters Gymnastics

Ages 1.5	-3		Resident/Non-Resident	
16457	W	10:45 - 11:25AM	10/5-12/14	R\$111 /NR\$138.75
16458	F	9:00 - 9:40AM	10/7-12/16	R\$111 /NR\$138.75

preschool players

Improve listening skills and focus on strength and coordination for your preschooler. Participants will safely learn to climb, jump, swing, and roll on all introductory gymnastics equipment. Instructor: Twisters Gymnastics Staff. **NO CLASS 11/24.**

Location: Twisters Gymnastics

Ages 3-4			Resident/Non-Resident		
16456	Th	10:30 - 11:20AM	10/6-12/15	R\$111 /NR\$138.75	

moms' gym ▼

This P.E.-style class encourages adults and kids to play together while using age-appropriate games and modified sports that introduce children to exercise while everyone gets a workout. Great for your child's early stages of development. *Come to class dressed to work out, with a mat and water.* Cost of the class covers up to two kids and one adult. Instructor: Moms' Gym Staff.

NO CLASS 10/11, 11/7.

Location: Community Center - Auditorium

Ages 1.5	-4		Resident/Non-Resident		
16453	М	10:00 - 10:50AM	10/3-11/14	R\$65 /NR\$81.25	
16471	M	10:00 - 10:50AM	11/21-12/12	R\$52 /NR\$65	

cartwheel kinders

Cartwheel Kinders further enhances physical, mental, and social development. Participants are introduced to basic gymnastics terminology, positions, and skills. Participants are carefully spotted until they can complete the skill successfully. Instructor: Twisters Gymnastics Staff. **NO CLASS 11/22.**

Location: Twisters Gymnastics

Ages 4-5				Resident/Non-Resident
16454	Tu	12:15 - 12:55PM	10/4-12/13	R\$111/ NR\$138.75

dyno tumblers

This class offers a fun and safe environment where participants are challenged with fundamental gymnastics skills. Students will master basic terminology and moves, and develop flexibility that will enhance overall fitness for any sport. Instructor: Twisters Gymnastics Staff. **NO CLASS 11/22.**

Location: Twisters Gymnastics

Ages 5-6				Resident/Non-Resident
16455	Tu	3:15 - 3:55PM	10/4-12/13	R\$111 /NR\$138.75

kidz love soccer - mommy/daddy & me

You and your child will participate in our fun age appropriate activities. Your child will develop large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Instructor: KLS Staff. **RAINOUT HOTLINE PHONE NUMBER IS (888) 372-5803.**

Location: Rengstorff Park Field

Ages 2-3.	.5			Resident/Non-Resident
16503	F	9:30 - 10:00AM	9/23-11/18	R\$93/ NR\$105.50
16504	Sa	4:10 - 4:40PM	9/24-11/19	R\$93/ NR\$105.50
16505	Sa	4:45 - 5:15PM	9/24-11/19	R\$93/NR\$105.50

kidz love soccer - tot

Young children will develop large motor skills while having fun running and kicking just like the big kids! Instructor: KLS Staff.

RAINOUT HOTLINE PHONE NUMBER IS (888) 372-5803.

Location: Rengstorff Park Field

Ages 3.5-	4			Resident/Non-Resident
16508	F	4:45 - 5:20PM	9/23-11/18	R\$93 /NR\$105.50
16509	Sa	4:00 - 4:30PM	9/24-11/19	R\$93 /NR\$105.50

kidz love soccer - pre soccer

Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. *Shin Guards are required by second meeting.* Instructor: KLS Staff.

RAINOUT HOTLINE PHONE NUMBER IS (888) 372-5803.

Location: Rengstorff Park Field

Ages 4-5				Resident/ Non-Resident
16506	F	4:45 - 5:20PM	9/23-11/18	R\$93 /NR\$105.50
16507	Sa	1:55 - 2:30PM	9/24-11/19	R\$93/NR\$105.50
16513	Sa	4:30 - 5:05PM	9/24-11/19	R\$93 /NR\$105.50



dance

ballet

Gracefully learn the fundamentals of ballet! Students will learn ballet techniques. terminology, center floor work, arm positions, practice leaps, and more! Students will also showcase what they have learned on the last day of class. Instructor: Dance Force Staff. NO CLASS 11/24.

Location: Community Center - Room 3

Ages 5-8				Resident/Non-Resident
16430	Th	4:05 - 4:50PM	10/6-12/15	R\$114 /NR\$142.50

hip hop **⑤**

It's time to warm up, stretch, and get ready to dance! Learn age-appropriate hip hop moves and combinations! Students will showcase what they have learned on the last day of class. Instructor: Dance Force Staff. NO CLASS 10/31, 11/24.

Location: Community Center - Room 3

Ages 4-7		Resident/Non-Resident		
16426	M	4:20 - 5:05PM	10/3-12/12	R\$114/ NR\$142.50
Ages 6-1	0			
16427	Th	4:55 - 5:40PM	10/6-12/15	R\$114 /NR\$142.50

beginning belly dancing

Learn the beauty of the Middle Eastern Art of Belly Dancing! You will learn hip drops, hip circles, figure eights, shimmies and the Egyptian Walk utilizing muscle groups in the abdomen, trunk, spine and neck. Improves posture and flexibility! Instructor: Marzieh Gachipour.

Location: Community Center - Room 3

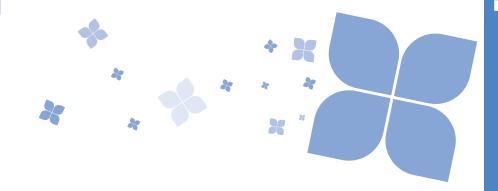
Ages 15+				Resident/Non-Re		
	16432	М	6:45 - 7:45PM	10/3-12/19	R\$150 /NR\$187.50	

mommy and me belly dancing

Do you want to have fun, make new friends and learn the beautiful art of Middle Eastern Dance? Learn the art of body awareness, technique and muscle flexibility! Just bring your bare feet and wear comfortable clothing. Instructor: Marzieh Gachipour.

Location: Community Center - Room 3

Ages 4-1	6			Resident/Non-Resident
16433	W	6:45 - 7:45PM	10/5-12/21	R\$175 /NR\$218.75



special interest

jewelry making for beginners

Become your own jewelry designer! Our Jewelry Making for Beginners class encourages you to explore your creativity through an introduction to interesting colors, textures, and age-appropriate jewelry-making techniques. Our classes are designed not only to entertain, but to improve hand-eye coordination, small muscle development, and pattern-making skills in a relaxed and encouraging environment! \$30 material



fee for jewelry making supplies is payable to instructor at the first class. Instructor: Dragonfly Designs Staff.

Location: Community Center - Room 2

Ages 5-7				Resident/Non-Resident
16434	Th	3:30 - 4:30PM	10/6-11/10	R\$114 /NR\$142.50

felted bead making **NEW!**

Learn to make your very own beads out of colorful raw wools! You will make the beads and design a necklace to use with them. We will be using 'spooky' colors to create beautiful Halloween-inspired necklaces! \$10 materials fee for jewelry materials is payable to instructor at the class. Instructor: Dragonfly Designs Staff.

Location: Community Center - Room 2

Ages 5-1	2		Resident/Non-Resident	
16440	M	4:00 - 5:30PM	10/24	R\$30 /NR\$37.50

jewelry stamping & dapping **NEW**?

Learn to stamp designs and words into metal and create beautiful, personalized jewelry pieces. Great as a gift for the Holiday Season! \$10 materials fee for jewelry supplies is payable to instructor at the class. Instructor: Dragonfly Designs staff.

Location: Community Center - Room 2

Ages 6-1	5		Resident/Non-Resident	
16442	М	4:00 - 5:30PM	12/12	R\$30 /NR\$37.50

ewelry designing

Create customized, stylish jewelry ready for you and your friends to wear! Become your own jewelry designer, where you can choose from a huge selection of hot colors, textures, and unique beads to make one-of-a-kind pieces. Our classes are designed not only to be fun, but to let you in on some of the most popular jewelry making techniques, such as wire work, beading, felting, fingerknitting, and stamping and dapping. \$30 materials fee is payable to instructor at the first class. Instructor: Dragonfly Designs Staff. NO CLASS 11/11.

Location: Community Center - Room 2

Ages 7-1	3		Resident/Non-Resident	
16436	F	3:30 - 4:30PM	10/7-12/18	R\$114/ NR\$142.50

acid etching **NEW**?

Design a pendant, necklace and earring creation using the acid etch technique. You are never in contact with the acid, all of our classes are safe and kid-friendly. We will be creating fun designs on Fall-inspired shapes for a beautiful necklace just in time for Thanksgiving! \$10 materials fee for jewelry supplies is payable to instructor at the class. Instructor: Dragonfly Designs Staff.

Location: Community Center - Lower Social Hall

Ages 7-1	7			Resident/Non-Resident	
16441	М	4:00 - 5:30PM	11/21	R\$30/ NR\$37.50	

gotta sing, gotta dance

Calling all Broadway Stars! Learn the basics of singing and dancing for musical theater! Develop your skills on how to sell a song through voice and movement, and have a lot of fun while doing it! Instructor: Peninsula Youth Theatre Staff. NO CLASS 10/31.

Location: Peninsula Youth Theatre

Ages 6-8	3			Resident/Non-Resident
16446	М	4:00 - 4:45PM	9/26-12/5	R\$122 /NR\$152.50

broadway scene study ©

Work on scenes from famous Broadway plays in this exciting class. Learn more about various acting techniques and styles that professional actors use to find their character. Instructor: Peninsula Youth Theatre Staff. NO CLASS 10/31.

Location: Peninsula Youth Theatre

Ages 11-	16		Resident/Non-Resident	
16447	M	6:30 - 7:30PM	9/26-12/5	R\$172 /NR\$215

voung chefs

Calling all budding Chefs! Learn to cook recipes based on a different theme each week. Principles of kitchen safety, proper food handling, basic cooking and baking techniques, food presentation, table setting and table manners will be included. \$100 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff. NO CLASS 11/23, 11/24.

Location: Young Chef's Academy

Ages 7-1	1		Resident/Non-Resident	
16485	W	4:00 - 5:30PM	10/5-12/14	R\$150 /NR\$187.50
16486	Th	1:30 - 3:00PM	10/6-12/15	R\$150/ NR\$187.50



club 201 middle school dances are back this school year!

Come socialize and dance the evening away with your friends! Open to all Mountain View Middle School students

> All dances are 7:00 - 9:30 p.m. at the Mountain View Community Center

Friday, December 2"

Friday, May 4th

Ticket Sales begin 2 weeks before each dance \$3 in advance for each dance = VIP card \$5 at the door Or \$10 for all four Club 201 Dances!

Tickets and VIP Cards can be purchased during select lunch visits at Crittenden and Graham Middle Schools, the Mountain View Community Center, or at The House. For more information on CLUB 201 Dances, please call the Recreation Office at (650) 903-6331.

Parks Make Your Life Better?!



introduction to digital media **NEW!**

Discover the world of Digital Media in this sampler class. This six week class will cover topics such as comic book making, digital art, animation, and stop-motion movie making. Located at Fun with Media's studio, students will have access to iMac computers, digital cameras, Wacom tablets, and more! \$25 Materials fee for art supplies is payable to instructor at first class. Instructor: Fun with Media Staff.

Location: Fun with Media

Ages 6-8	3			Resident/Non-Resident
16475	М	3:30 - 4:30PM	10/3-11/7	R\$90 /NR\$112.50

comic booking **NEW!**

Use Comic making software, iMacs, Wacom tablets and cameras to create different styles of digital photo comics. Students will be introduced to photo processing techniques and story-boarding, while having fun creating comic books! \$25 Materials fee for comic book supplies is payable to instructor at first class. Instructor: Fun with Media Staff.

Location: Fun with Media

<u> Ages 8-1</u>	0			Resident/Non-Resident
16516	Tu	3:30 - 5:00PM	10/25-11/15	R\$145 /NR\$181.25
16517	W	3:30 - 5:00PM	10/26-11/16	R\$145 /NR\$181.25

movie making for kids **NEW!**

Create short movies such as self-portraits, movie trailers, and music videos! Students will go through the entire process of story-boarding, planning, filming, and post-production and learn to use a green screen and other special effects. Video cameras, iMacs, software and props are all provided in class. \$25 Materials fee for movie making supplies is payable to instructor at first class. Instructor: Fun with Media Staff.

Location: Fun with Media

Ages 11-	16			Resident/Non-Resident
16518	Tu	5:15 - 6:45PM	10/25-11/15	R\$145 /NR\$181.25
16519	W	5:15 - 6:45PM	10/26-11/16	R\$145 /NR\$181.25

cpr and first aid training

This fun, interactive class will involve games and roles so you will be able to recall the steps to CPR and how to care for various First Aid injuries. Upon completion of the course, you will be familiar with the primary skills in rescue breathing, CPR, shock, bleeding and foreign body obstruction (choking). Students will receive a 2-year certification for infant, child and adult CPR and first aid upon completing the course. Instructor: ICE Safety Solutions Staff.

Location: Community Center - Room 2

Ages 12+					Resident/Non-Resident
	16443	Sa	8:30AM - 3:30PM	10/15	R\$79 /NR\$99

online driver education course

Getting ready to get your permit? Well, learn the rules of the road! This Online Driver Education Course is approved by the California Department of Motor Vehicles. Reading, Flash Graphics, Videos, and Quizzes will prepare the student to pass the written DMV test. The course is easy to use; you simply log into the Economic Driving School website, enroll, and you can begin immediately. For more information about the course and to register, please go to: http://www.economicdrivingschool.com/online.

When registering, make sure you complete the question that says "How did you hear about us?" by choosing "Activity Guide" and enter code: 6331.

Cost for Online Driver Education Course: \$68.50



sports & fitness

gymnastics for girls 🕙

This Gymnastics program is designed for comprehensive body development and basic gymnastic skills. The class will cover balance, coordination, ability, body strength, fine and gross motor skills. Equipment used includes mini-trampoline, mats, balance beams, bars, etc. Instructor: Twisters Gymnastics Staff.

Location: Twisters Gymnastics

NO CLASS 11/22.

Ages 6-1	2			Resident/Non-Resident
16461	Tu	5:00 - 5:55PM	10/4-12/13	R\$123 /NR\$153.75

beginning ice skating

Beginning ice skating classes teach basic skills in a fun, encouraging environment. This class is for students who need to hold onto the railing or have never skated before. Rental skates, practice time on lesson day and two extra free practice passes are included. Please wear gloves and warm clothes. Instructor: Winter Lodge Staff.

Location: Winter Lodge

Ages 5-6	i			Resident/Non-Resident
16450	Th	3:00 - 3:30PM	10/6-11/17	R\$140 /NR\$175
Ages 7-8				Resident/Non-Resident

teen ice skating 🖫

Beginning ice skating classes for teens teach basic skills in a fun, encouraging environment. This class is for students who need to hold onto the railing or have never skated before. Rental skates, practice time on lesson day and two extra free practice passes are included. Please wear gloves and warm clothes. Instructor: Winter Lodge Staff.

Location: Winter Lodge

Ages 11-	16		Resident/Non-Resident	
16452	M	5:00 - 5:30PM	9/26-11/14	R\$140 /NR\$175

little tigers martial arts

Karate is a modern martial art, characterized by its powerful stances & punching techniques all necessary for a strong defense. Students will be introduced to the basic fundamentals of Karate techniques and participate in fun and educational drills designed to build self-confidence and develop coordination, physical endurance, strength and discipline. Basic forms (Kihon Kata) and (Kumite Sparring), terminology and etiquette will also be covered. You don't want to miss out on this fun & exciting program! A uniform fee of \$45 is due to the instructor by the second class meeting (new students only). Instructor: Tiger Martial Arts Staff. NO CLASS 11/25, 11/26.

Location: Tiger Martial Arts

Ages 4-6				Resident/Non-Resident
16491	F	3:30 - 4:00PM	10/28-12/16	R\$95 /NR\$118.75
Ages 7-13				Resident/Non-Resident
16492	F	4:15 - 5:00PM	10/28-12/16	R\$95 /NR\$118.75
16493	Sa	9:15 - 10:00AM	10/29-12/17	R\$95 /NR\$118.75
	Ages 7-13 16492	16491 F Ages 7-13 16492 F	16491 F 3:30 - 4:00PM Ages 7-13 16492 F 4:15 - 5:00PM	16491 F 3:30 - 4:00PM 10/28-12/16 Ages 7-13 16492 F 4:15 - 5:00PM 10/28-12/16

tae kwon do

Combine a full workout with useful self-defense skills! Tae Kwon Do is a form of Korean martial arts that concentrates on powerful blocks, kicks and punches for self-defense. The goal of training is the full development of self-confidence, strength and focus. Uniforms will be distributed to students the second week of class, and cost \$20. Instructor: Mountain View High School Tae Kwon Do Staff. NO CLASS 11/24.

Location: Whisman Sports Pavilion - Auxiliary Room

Ages 9-17					Resident/Non-Residen	
	16510	Tu/Th	6:00 - 7:00PM	9/26-12/15	R\$50 /NR\$62.50	

self defense **NEW!**

Learn to identify potentially dangerous situations and learn how to prevent and/ or escape an attack from an unarmed assailant. This class builds awareness, confidence, and heighten state of the flight and fight syndrome. Instructor: FullForce Fitness Staff.

Location: FullForce Fitness

Ages 12+	-			Resident/Non-Resident
16521	Sa	12:30 - 3:30PM	10/22	R\$90 /NR\$112.50
16522	Sa	12:30 - 3:30PM	12/3	R\$90 /NR\$112.50

power boxing **NEW!** 🐿

Get ready to train like a boxer, sweat and be pushed to your limits! You will learn basic punches and get to practice those punches with a partner holding focus mitts. This class is open to all fitness levels. Please bring a water bottle, mitts, gloves and hand wraps if you have them. Community gloves and mitts will be available too. Instructor: FullForce Fitness.

Location: FullForce Fitness

Ages 16	ŀ			Resident/Non-Resident	
16536	М	6:30 - 7:30PM	10/3-11/21	R\$120 /NR\$150	

The House

298 Escuela Avenue Monday-Thursday: 4:00 - 7:00 p.m. Friday & Saturday: 4:00 - 8:00 p.m.

Join us at The House! This FREE dropin program is available to Mountain View Middle School 6th - 12th grade students

and is SUPERvised by our trained Recreation Leaders. The House offers a fun social atmosphere full of billiards, video games, homework help, board games, snacks, and crafts! Apply for a House Membership by picking up a Registration form from the Mountain View Community Center, The House, or online at www.mountainview.gov. Registration Forms must be returned completed by the second visit in order to attend. Activities are scheduled each day; pick up an Activity Calendar at your next House visit to see what fun is right around the corner!

For more information, please contact the Recreation Division at (650) 903-6331.

sports & fitness

kidz love soccer 1

Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Small-sided soccer matches will be introduced gradually. Shin guards are required by second meeting. Instructor: KLS Staff.

RAINOUT HOTLINE PHONE NUMBER IS (888) 372-5803.

Location: Rengstorff Park Field

Ages 5-6			Resident/Non-Resident		
16496	F	3:15 - 4:00PM	9/23-11/18	R\$93/ NR\$105.50	
16497	Sa	2:30 - 3:15PM	9/24-11/19	R\$93/ NR\$105.50	



Futsal is a fun, fast-paced soccer game, played indoors within the line of a basketball court (no walls), using a small, size 3 low-bounce ball. Futsal Kingz programs have age-specific curriculum, innovative class formats and qualified professional coaching staff enabling every player to develop their skills and have a great experience, whether they're the next Beckham or trying Futsal for the first time!

Programs are offered for players 5-12 years old Register online at www.futsalkingz.com

For more information Email: info@futsalkingz.com Phone: (408) 440-7878

soccer skills & skrimmages

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will play games to build individual skills and small sided scrimmages that emphasize application of finer technical points. All skill levels are welcome to learn and enjoy the world's most popular sport! All participants receive a soccer jersey.

Location: Rengstorff Park Field

Ages 7-10				Resident/Non-Resident
16512	F	4:00 - 4:45PM	9/23-11/18	R\$99 /NR\$123.75
16511	Sa	3:15 - 4:00PM	9/24-11/19	R\$99 /NR\$123.75

Teen Open Gym

Saturday Nights - FREE 6:30 p.m. to 9:30 p.m. **Whisman Sports Center**

If you like to play basketball, volleyball, indoor soccer or just want to hang out

1500 Middlefield Road

with your friends, then come out to the City of Mountain View's FREE, yes FREE, Teen Open Gym on Saturday nights from 6:30 – 9:30 p.m.! Teen Open Gym is open to all Mountain View Middle and High School Students. Bring your student ID and come ready for a pickup game or just to hang out! For more information, please call the Recreation Office at (650) 903-6331.

aquatics

aqua-cise

Join the Aqua-cise community in a medium-paced, low-impact water aerobic conditioning class designed to improve cardiovascular fitness as well as tone muscles and increase flexibility. No swimming skills necessary.

NO CLASS 11/11, 11/25. **Location:** Eagle Park Pool

Ages 18	+		Re	sident/Non-Resident	Sr. Resident/Sr. Non-Resident	
16526	M/W/F	12:00 - 12:55PM	10/3-10/31	R\$78 /NR\$98	SR\$39 /SN\$52	
16527	M/W/F	12:00 - 12:55PM	11/2-12/16	R\$114 /NR\$143	SR\$57 /SN\$76	

aquatic fitness

Join the exhilaration and fun of a total exercise program! No swimming skills required. Exercises are designed to develop muscle tone, strength, and flexibility as the body moves against the resistance of the water. NO CLASS 11/11, 11/25.

Location: Eagle Park Pool

Sr. Resident/Sr. Non-Resident	Resident /Non-Resident	Ages 18+			
SR\$39 /SN\$52	R\$78 /NR\$98	10/3-10/31	8:05 - 9:00AM	M/W/F	16528
SR\$57 /SN\$76	R\$114 /NR\$143	11/2-12/16	8:05 - 9:00AM	M/W/F	16529

deep water exercise

Aerobic and strengthening exercises are performed in deep water with the assistance of a flotation device. Deep Water Exercise provides the benefits of aerobic exercise without the negative impact. Participants must be comfortable in deep water, but the ability to swim is not required. Flotation devices provided. NO CLASS 11/24.

Location: Eagle Park Pool

Ages 18	+		R	esident/Non-Resident	Sr. Resident/Sr. Non-Resident	
16530	Tu/Th	8:05 - 9:00AM	10/5-10/28	R\$48/ NR\$60	SR\$24 /SN\$32	
16531	Tu/Th	8:05 - 9:00AM	11/2-12/16	R\$78 /NR\$98	SR\$39 /SN\$52	

Mountain View Masters

Mountain View Masters (MVM) is a swim program providing year-round coached workouts, clinics, competitions and fun social events for adults ages 18 and older. MVM is a member of United States Masters Swimming.

We welcome swimmers of all abilities and with various training goals (fitness, triathlon, competitive, non-competitive) who are interested in improving their fitness through swimming.

MVM practices are held every morning (Sun through Sat) at Eagle Pool. MVM members have access to all MVM practices and City lap swim times. For more information regarding dues, practice schedule, coaches and our team, please visit our club website, www.mvm.org or call (650)336-8603.

LOS ALTOS - MOUNTAIN VIEW AQUATIC CLUB sanctioned by the United States Swimming, Inc., offers year-round, competitive swimming for boys and girls ages 5 to 18, novice through advanced. All practice sessions are coached by experienced, certified coaches and instructors at Eagle Pool. For more information, visit us at: www.lamvac.org, or call (650) 599-2213.

ADULT LAP SWIM

No Children Admitted

Effective September 6 through Spring 2012

Lap Swimming is a great opportunity available for adults aged 18 and up to increase their health and wellness. Schedule is subject to change due to holidays and routine pool maintenance. Please visit www.mountainview.gov for schedule updates.

Replacement cards will not be issued if lost or stolen. Mountain View Residents must provide proof of residency. Please bring cash/check or Lap Swim pass for Lap Swim admission. No admittance without payment or pass.

Eagle Park Pool

Mon - Fri 10:30AM - 1:00PM and 6:00 - 8:00PM

Sat - Sun 9:00 - 12:00PM

25 Swim Pass Day Pass Resident \$87.50 Resident \$5 ES Non-Resident \$109 Non-Resident \$6 出 Senior Resident \$30 Senior Non-Resident \$38

Lap Swim Cards and Day Passes may be purchased at the following locations:

- Mountain View Community Center (201 South Rengstorff Avenue)
- City Hall Finance Department (500 Castro Street)
- Eagle Park Pool during Lap Swim hours only. (Please have exact change or check and proper proof of residency.)

CONTACT INFORMATION

Eagle Park Pool (650) 903-6413 650 Franklin Street

Rengstorff Park Pool (650) 903-6414 201 South Rengstorff Avenue

Community Center (650) 903-6331 201 South Rengstorff Avenue

special interest

12/1

Resident/Non-Resident

R\$35/NR\$43.75

cpr and first aid training

This fun, interactive class will involve games and roles so you will be able to recall the steps to CPR and how to care for various First Aid injuries. Upon completion of the course, you will be familiar with the primary skills in rescue breathing, CPR, shock, bleeding and foreign body obstruction (choking). Students will receive a 2-year certification for infant, child and adult CPR and first aid upon completing the course. Instructor: ICE Safety Solutions Staff.

Location: Community Center - Room 2

Ages 12+				Resident/Non-Resident
16443	Sa	8:30AM - 3:30PM	10/15	R\$79/ NR\$99

digital scrapbooking **NEW!**

Turn your summer vacation photos or your children's baby pictures into a digital scrapbook. Learn the basic skills of digital scrapbooking, importing photos, touching photos up, arranging pictures, adding captions, and much more. Each student will leave with photo prints of up to 5 pages or having completed a hardback copy of their digital scrapbook that will be shipped to their home (cost for hardback copy is an additional cost to be paid to instructor). Don't forget to bring a digital copy of at least 20 pictures that you would like to include. Instructor: Fun with Media Staff.

Location: Fun with Media

36

Ages 18	+			Resident/Non-Resident
16477	Th	6:00 - 9:00PM	10/13	R\$35/ NR\$43.75



personalized holiday cards & newsletters! **NEW**?

6:00 - 9:00PM

both projects. Instructor: Fun with Media Staff.

Location: Fun with Media

Th

Ages 18+

16476

Learn the basics of digital art so that you can create your own personalized

holiday cards and family newsletter to send to your friends and family for the

holiday season. Students will complete a holiday card and newsletter during

class and leave with a hard copy of each and a flash drive with the digital copy of

sports & fitness

beginning belly dancing

Learn the beauty of the Middle Eastern Art of Belly Dancing! You will learn hip drops, hip circles, figure eights, shimmies and the Egyptian Walk utilizing muscle groups in the abdomen, trunk, spine and neck. Improves posture and flexibility! Instructor: Marzieh Gachipour.

Location: Community Center - Room 3

Ages 15+				Resident/Non-Resident	
16432	M	6:45 - 7:45PM	10/3-12/19	R\$150 /NR\$187.50	

power boxing **NEW!** •

Get ready to train like a boxer, sweat and be pushed to your limits! You will learn basic punches and get to practice those punches with a partner holding focus mitts. This class is open to all fitness levels. Please bring a water bottle, mitts, gloves and hand wraps if you have them. Community gloves and mitts will be available too. Instructor: FullForce Fitness.

Location: FullForce Fitness

Ages 16+				Resident/Non-Resident
16536	М	6:30 - 7:30PM	10/3-11/21	R\$120 /NR\$150

self defense **NEW!**

Learn to identify potentially dangerous situations and learn how to prevent and/ or escape an attack from an unarmed assailant. This class builds awareness, confidence, and heightens state of the flight and fight syndrome. Instructor: FullForce Fitness Staff.

Location: FullForce Fitness

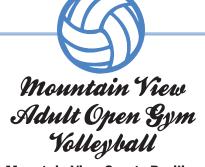
Ages 12+	•			Resident/Non-Resident
16521	Sa	12:30 - 3:30PM	10/22	R\$90 /NR\$112.50
16522	Sa	12:30 - 3:30PM	12/3	R\$90 /NR\$112.50

sunrise boot camp **NEW!**

Whether you want to shed those extra pounds or kick your fitness into high gear, this program is a perfect way to jump start your fitness goals! This 8 week outdoor program is paired with motivational training, cardio, strength, core and balance exercises. Choose to attend once or twice a week! Instructor: FullForce Fitness Staff.

Location: FullForce Fitness

Ages 18+				Resident/Non-Resident
16523	M	6:30 - 7:30AM	10/3-11/21	R\$125 /NR\$156.25
16524	W	6:30 - 7:30AM	10/5-11/23	R\$125 /NR\$156.25
16525	M/W	6:30 - 7:30AM	10/3-11/23	R\$160 /NR\$200



Mountain View Sports Pavilion 1185 Castro Street The Mountain View Sports Pavilion is open Sundays on a drop-in basis for volleyball from 5:00 - 7:00 p.m. Mountain View residents or employees of Mountain View businesses only. An activity pass is encouraged (\$15 for 10 visits, \$30 for 20 visits) or pay a \$3 drop-in fee per visit. Activity passes may be purchased at the Recreation Office, 201 S. Rengstorff Avenue, Monday through Friday, 8:30 a.m. - 5:00 p.m. or Sunday evenings at the Pavilion. Exact change only, please. Proof of residence is required.

Jazzercise Classes in Mountain View

10% Discount for Mountain View Residents!

Whisman Sports Center, M & W, 5:45 p.m.; Sa., 8:45 a.m. Mountain View Community Center, Tu & Thu, 9:15 a.m.

Jazzercise is a 60-minute class incorporating cardio, strength, and stretch moves for a total body workout. We've taken moves from hip hop, yoga, pilates, kickboxing and resistance training and bundled them into one hour. All ages, levels, and sizes welcome. Ask for our new student special.

For Membership Information Call Barbara Peterson (650) 464-9758.

JAZZERCISE IS AN ON-GOING PROGRAM. REGISTER IN CLASS ANYTIME!



Welcome!

Welcome to the Mountain View Senior Center. We invite seniors age 55+ to visit us and CELEBRATE LIFE! The Mountain View Senior Center has many opportunities to make your golden years the best of your life. Whether you like to play cards, table tennis, billiards or dance, we promise we have something to invigorate your spirit and improve your health and well-being. We offer many free social services such as legal assistance, health insurance counseling, tax help and much more. You can also receive free information and participate in enrichment activities during one of our monthly workshops.



We invite you to stop in and visit. We hope that you will join us and discover new friends and ignite new interests. We help older adults realize their biggest goals--to be active, to maintain health and well-being, and to remain living independently for many years to come.

prime time news

The Senior Center produces a monthly newsletter and quarterly class guide to keep our patrons upto-date on the current and numerous activities of our center. The newsletter and guide are always available at the Senior Center, but if you would like to be a part of our distribution list and receive your own copy via email, just give your e-mail address to the front desk or send an e-mail request to senior.center@mountainview.gov.





The Senior Center's exercise room is free for our patrons to use, after taking a one-hour orientation course offered twice weekly. The facility includes treadmills, stationary bicycles, elliptical trainers and free weights. If outdoor activity is more your thing, the Senior Center is conveniently located adjacent to Rengstorff Park which features an outdoor exercise area.

computers

The technology room contains fifteen internet ready computers free for use and printing capability for a minimal fee. Join us for one of our monthly computer workshops, occasional computer courses, volunteer Q&A, or independent browsing.

workshops

Each month, the Senior Center offers several workshops on pertinent topics for seniors. These workshops cover everything from computer navigation to health to fun activities to do in the Bay Area.

Check out the newsletter, the Prime Time News, for this month's workshops by going to www.mountainview.gov > Library Arts, Parks, & Rec > Senior Programs and Services.

movies

Come see the newest movies for free! Every Tuesday and Friday at 1:00 p.m. and Wednesday evening at 5:30 p.m. the Senior Center screens the biggest hits, with captions when available, for patrons.

social services

Our legion of volunteers allow us to offer a variety of free social services including legal assistance, tax services, hearing screenings, Alzheimer's screenings, notary services, eyeglass repair, podiatry screenings, health insurance counseling and blood pressure checks.



travel program

The Mountain View Seasoned Travelers allows seniors to expand their horizons with trips both locally and further afield. For more information, stop by the Senior Center, Monday through Friday 8:00 a.m. - 12:30 p.m.

Upcoming Trips!

Hornblower Cruises & Events

Thursday, September 15, 2011 "Waterfront Cruise on the San Francisco Bay" \$112/person

Twin Pine Casino

Wednesday, November 2, 2011 "Casino bonus included" \$28/person

Senior Advisory Committee (SAC)

The Senior Advisory Committee acts in an advisory capacity to City Council on senior issues and the operations of the Mountain View Senior Center. The seven-member Committee is composed of seniors who are Mountain View residents and professional providers of senior service programs. SAC meets at the Senior Center on the 3rd Wednesday of each month from 2:00 - 4:00 p.m., with the exception of August and December.

Mountain View Senior Center

266 Escuela Avenue Mountain View, CA 94040

Hours of Operation

Monday – Wednesday, 8:30 a.m. - 9:00 p.m. Thursday & Friday, 8:30 a.m. - 5:00 p.m. For more information, please call (650) 903-6330 The Adult Golf classes are structured with a goal in mind: playing better golf. From zero to moderate experience, the fundamentals taught will help you play better. Each class is four 1-hour sessions. Student/Instructor ratio is between 3:1 and 5:1, minimum of 3 students. Make up classes are available. Clubs and range balls are included.

For more information on how to register, please call (650) 903-4653.



adult golf classes - level I

Level I curriculum will cover fundamentals from set-up (grip, stance, and ball position) to ½ swing to full swing. The mysteries of good putting will also be answered.

A1112	9/11-10/2	Su	8:30 - 9:30AM	\$108
A1113	10/9-10/30	Su	9:00 - 10:00AM	\$108

adult golf classes - level II

Level II class curriculum is practical application in full swing lesson with drivers, bunker shots, and hilly lies. Discussion topics include: how and where to purchase the correct golf clubs, golf course etiquette, Rules of Golf, and how to play on the course and not be in the way. Graduates of Level II are invited to participate in an on-course playing lesson with the Shoreline Golf Links instructors.

A1111-L2	9/11-10/2	Su	9:45 - 10:45AM	\$108
A1112-L2	10/9-10/30	Su	10:15 - 11:15AM	\$108

adult full swing refresher and review - level III

This class provides an intense analysis of all elements of the full swing. It will help identify your individual swing deficiencies and offer swing improvement solutions, and training drills to help you. The four 1-hour sessions will be conducted on a full length driving range. Maximum of 8 students per class.

AFS 1115	9/11-10/2	Su	11:00 - 12:00PM	\$108
AFS 1116	10/9-10/30	Su	11:30AM - 12:30PM	\$108



New Afternoon rates Monday-Friday, two hours prior to Twilight.

Non-resident \$32 Residents \$32 Residents 25 years and under \$25.

Discount times at Shoreline include:

Afternoon rate - Monday-Friday, two hours before twilight,

March - October.

Twilight rate - Daily, currently 4p.m., varies with sundown.

Supertwilight rate - Daily, two hours after Twilight.

Senior rates apply Monday-Friday. Non-resident \$28, Resident \$21.

New cart rates, Full cart \$26, Single rider card \$18.

Join a golf club and enjoy the camaraderie of golf and competition.

Shoreline Golf Club www.shorelinegc.ghinclub.com

Shoreline Senior Club www.shorelineseniorsgolfclub.org

Shoreline Women's Club www.shorelinewomensgolfclub.com

Practice Facilities

The course has excellent practice facilities, consisting of a short game practice area with a practice bunker, a large 16,000 sq. ft. practice putting green, a 6,000 sq. ft. practice chipping green adjacent to the pro shop, a second small putting-chipping green, and a night-lighted practice range with 29 tee stations.

The range is open at 7:00 a.m. daily with exception of Wednesday, when the range opens at 11:00 a.m. Buckets of range balls are dispensed in three sizes (large, medium and warm-up) from two automated ball-dispensing units. Based on seasons of the year, the hours of operation change. The closing time may be as late as 8:00 p.m., or as early as 6:00 p.m. Call the Pro Shop at (650) 903-4653 if you need specific closing times.



Shoreline Golf Registration Form



Mail to: Shoreline Golf Links, 2940 N. Shoreline Boulevard, Mountain View, CA 94043

twitter 🍑

Follow Shoreline on Twitter at **Shorelinegolfmv**

REGISTERING ADULTFirst			Last		
ADDRESS		CITY		ZIP CODE	SHORELINE GOLF • LINKS AT • MOUNTAIN • VIEW
DAYTIME PHONE ()EVE	NING PHO	ONE ())	EMAIL*	
PARTICIPANT'S NAME	GENDER	HEIGHT	1 ST CHOICE CLASS #	2 ND CHOICE CLASS #]
					*Registration will be confirmed via e-mail when provided.
					Unless notified, your 1st choice is accepted.
The undersigned, in consideration of participation in this and release the City of Mountain View and Shoreline Gol registered in this program arising out of or in any way co understand that I assume all risks for any injuries receiv	f Links from nnected wit	any and a	II liability for any injury w	hich may be suffered by	y the above-named individual(s)
PARENT/PARTICIPANT SIGNATURE X				D	ATE
MASTERCARD □ VISA □ AMERICAN EXPRESS □] Cı	redit Card	#:		-
Name as it appears on Credit Card			Expiration	n Date/	
Cardholder Signature Y			DATE		



FALL 2011 TENNIS PROGRAMS Juniors & Adults

Using the USTA QuickStart Play Format (age & skill appropriate racquets, balls, & courts) and a games-based approach to learning, your child will learn the proper fundamentals to enjoy the game and improve dramatically.

tennis for toddlers

A fun introduction to movement and exercise specifically designed for you and your child to participate in a "sport of a lifetime." You and your child will run, jump, hop, twist, bend and swing while you keep your eye on the ball in this exciting new tennis class. This is a parent participation class; players must provide their own racquet; suggested racquet size 19 or 21 inch.

(ages 2.5-3.5)

mini tennis

An introductory program for the young athlete. Fundamental ball skills, movement, and coordination exercises will be included. Learn NEW tennis drills and methods you can do with your child. Practice/Play on 36' RED court.

ralleyball I (ages 7-10)

Fundamental ball skills, movement, and coordination exercises will be included. Practice/ Play on Micro court & 36' RED court.

ralleyball II (ages 8-11)

Must have previous Ralleyball experience or similar experience. Players will continue to improve movement, tracking, and rally skills, but will play more points and learn strategy and scoring. Practice/Play on 36' RED court & 60' ORANGE court.

ralleyball III (ages 9-11)

Juniors will begin to play the game while improving their ground strokes, servers, & volleys. Strategy and tactics are reinforced in order to begin to compete with confidence, style and fun. Practice/Play on 60' ORANGE court.

jr. beginning tennis (ages 12-15)

Tennis has never been easier to play and learn. By using NEW progression tennis balls and a progressive games-based approach to learning, you will be able to learn skills necessary to rally the ball in the first hour of the first class.

adult beginning tennis (ages 16+)

Tennis has never been easier to play and learn. By using NEW progression tennis balls and a progressive games-based approach to learning, you will be able to learn skills necessary to rally the ball in the first hour of the first class.

adult intermediate (ages 16+)

Focus on advanced techniques, skill, footwork & shot making. Previous tennis experience is required. Must be able to serve, rally, and volley. Learn how to shape the ball and improve your consistency.

adult advanced (ages 16+)

This class is for experience players ONLY. 3 plus years (NTRP 3.5+). Focus is on advanced techniques, skills, footwork, strategy, and shot shaping.

cardio tennis - int. (ages 16+)

Previous tennis experience is required. Lessons are fast-paced with footwork and movement in the forefront of the class.

CUESTA TENNIS CENTER

NO CLASS 10/31

Resident \$99 / Non-Resident \$109

9/16-11/4

tennis for toddlers

4CJ17 F 10:00 - 10:30AM

4CJ01	Sa	9:15 - 10:00AM	9/17-11/5
4CJ05	Su	1:15 - 2:00PM	9/18-11/6
4CJ08	М	3:15 - 4:00PM	9/12-11/7
4CJ12	W	9:00 - 9:45AM	9/14-11/2
4CJ18	F	3:15 - 4:00PM	9/16-11/4

jr. beginning

mini tennis

4CJ11	M	6:05 - 7:00PM	9/12-11/7
4CJ16	F	5:05 - 6:00PM	9/16-11/4

ralleyball I

4CJ02	Sa	10:05 - 11:00AM	9/17-11/5
4CJ06	Su	2:05 - 3:00PM	9/18-11/6
4CJ09	M	4:05 - 5:00PM	9/12-11/7
4CJ13	W	4:05 - 5:00PM	9/14-11/2
4CJ19	F	4:05 - 5:00PM	9/16-11/4

ralleyball II

4CJ03	Sa	11:05AM - 12:00PM	9/17-11/5
4CJ07	Su	3:05 - 4:00PM	9/18-11/6
4CJ10	M	5:05 - 6:00PM	9/12-11/7
4CJ14	W	5:05 - 6:00PM	9/14-11/2

ralleyball III

4CJ04	Sa	12:05 - 1:00PM	9/17-11/5
4CJ15	W	6:05 - 7:00PM	9/14-11/2

RENGSTORFF PARK

Resident \$99 / Non-Resident \$109

mini tennis

ralleyba	all I		
4RJ04	Th	3:15 - 4:00PM	9/15-11/3
4RJ01	Tu	3:15 - 4:00PM	9/13-11/1

4RJ02	Tu	4:05 - 5:00PM	9/13-11/1
4RJ05	Th	4:05 - 5:00PM	9/15-11/3

ralleyball II

4RJ03	Tu	5:05 - 6:00PM	9/13-11/1
4RJ06	Th	5:05 - 6:00PM	9/15-11/3

Tennis Advisory Board

If you have any information regarding tennis programs, facility and service that you like to share with the Tennis Advisory Board, please send them an e-mail in case of the Tennis Advisory Board to recreation@mountainview.gov

CUESTA TENNIS CENTER

NO CLASS 10/31 Resident \$109 / Non-Resident \$119

beginning

4CA01	M	9:00 - 10:00AM	9/12-11/7
4CA02	М	6:00 - 7:00PM	9/12-11/7
4CA05	Tu	7:00 - 8:00PM	9/13-11/1
4CA08	W	10:00 - 11:00AM	9/14-11/2
4CA12	Th	10:30 - 11:30AM	9/15-11/3

intermediate

4CA03	M	7:00 - 8:00PM	9/12-11/7
4CA06	Tu	6:00 - 7:00PM	9/13-11/1
4CA10	W	8:00 - 9:00PM	9/14-11/2
4CA11	Th	9:30 - 10:30AM	9/15-11/3

intermediate / advanced

4CA04	М	8:00 - 9:00PM	9/12-11/7
4CA07	Tu	8:00 - 9:00PM	9/13-11/1
4CA09	W	7:00 - 8:00PM	9/14-11/2

advanced

4CA14	Th	8:00 - 9:00PM	9/15-11/3

cardio tennis - int.

4CA13	Th	7:00 - 8:00PM	9/15-11/3

RENGSTORFF PARK

Resident \$109 / Non-Resident \$109

beginning

4RA01 Tu 6:0) - 7:00PM	9/13-11/1
--------------	------------	-----------

intermediate

4RA02 Tu 7:00 - 8:00PM 9	/13-11/1
--------------------------	----------

COOPER PARK

Resident \$109 / Non-Resident \$109

beginning

4PA01	Sa	9:00 - 10:00AM	9/17-11/5

intermediate

4PAUZ Sa 10:00 - 11:00AM 9/17-11	4PA02	Sa	10:00 - 11:00AM	9/17-11/
----------------------------------	-------	----	-----------------	----------

MOUNTAIN VIEW TENNIS

Register On-line: www.mountainviewtennis.net

Contact us: (650) 967-5955 info@mountainviewtennis.net

Participants must provide their own rackets and wear tennis shoes.

Private Lessons / Small Groups

Contact: Cuesta Tennis Center at info@mountainviewtennis.net

LOCATIONS

CUESTA TENNIS CENTER 685 Cuesta Drive

RENGSTORFF PARK

201 S. Rengstoff Avenue

COOPER PARK

500 Chesley Avenue

Additional Sites Available Online

Sylvan Park • Whisman Park



Día de Ohlone Actividades Familiares para Recaudar Fondos

Deer Hollow Farm 15 de octubre del 2011 1:00 a 4:00 pm \$5 cobro de entrada / Niños menores de 2 años - ¡Gratis!

En este Día de Ohlone, están invitados usted y su familia a descubrir la vida cotidiana de los primeros residentes del Área de la Bahía. Habrá una gran variedad de actividades y

demostraciones en el pueblo de Ohlone en Deer Hollow Farm. ¡Personas especializada enseñarán técnicas para moler maíz, perforar conchas, hacer cuerdas a mano, juegos, pintura de cara y mucho más! Aproveche esta oportunidad para explorar la estructura subterránea para ceremonias, tejado de tule y los lugares para dormir.

Keith Gutiérrez, ex-maestro de Deer Hollow Farm, demostrará técnicas para usar el arco y flechas y métodos para prender fuego. También, artesanos David Dewey y Dick Baugh demostrarán como hacer herramientas a mano.

La organización Friends of Deer Hollow Farm organiza este acontecimiento para apoyar el programa educativo ambiental en Deer Hollow Farm. Todos los fondos que se recaben se usan para proveer becas para las clases anuales y programas educativos. Para mas información, visite el sitio de los Amigos al: www.fodhf.org.

Agencia de Servicios de la Comunidad

204 Stierlin Road (650) 968-0836

La Agencia de Servicios de la Comunidad ofrece programas de asistencia financiera a residents de bajos ingresos y provee: asistencia financiera de renta, y de servicios públicos; un centro de alimentos y nutrición; materiales escolares; cuidado óptico y dental para niños sin seguro médico; distribución de jugetes; asistencia de medicina para niños y adultos sin seguro; asistencia financiera para Clases de Recreación.

> Horas de Citas: lunes, martes, jueves: 9:00 a 11:00 am y 1:30 a 3:00 pm viernes: 1:30 - 3:00 pm

Comisión de Parques y Recreación

Thida Cornes (Presidente), Paul Donahue (Vicepresidente), Roger Burney, Miryam Castaneda y Gary Griffith.

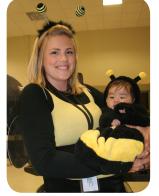
La Comisión de Parques y Recreación se reúne el segundo miércoles de cada mes a las 7:00 pm en el Mountain View Senior Center, 266 Escuela Avenue.

Las próximas fechas de las reuniones son: 14 de septiembre, 10 de octubre, y 9 de noviembre.

Fiesta de Monstruos

Sábado, 29 de octubre del 2011 5:00 a 8:00 pm Community Center, 201 South Rengstorff Avenue

¡Ven a celebrar el Día de la Brujas con tu familia, amigos y vecinos en la Fiesta de Monstruos de la Ciudad de Mountain View! Presentaremos una película al aire libre apropiada para todas las edades, manualidades y refrigerios. También habrá un desfile de disfraces a las 5:30 p.m. La película comenzará a las 6:00 p.m. Todos están



invitados a asistir a este acontecimiento familiar GRATIS.

Celebración de la Iluminación del Albol Navideño

Lunes, 5 de diciembre del 2011 5:30 a 7:30 pm Civic Center Plaza, 500 Castro Street

Ven a celebrar las festividades navideñas con tu familia y amigos en la Celebración de la Iluminación del Árbol Navideño de Mountain View. ¡Disfruta de música en vivo, refrigerios, luces y la llegada de Santa Claus! Los niños/as podrán visitarlo y tomarse una foto con él en este evento que es gratuito. También en el espíritu de las festividades, los invitamos a traer una lata de alimentos para ayudar a construir el árbol generoso (giving tree), para beneficio de la Agencia de Servicios a la Comunidad (Community Services Agency) de Mountain View.

Días de Misterio en **Deer Holloween Farm**

Sábado, 29 de octubre del 2011 10:00 AM a 3:00 PM

\$7 por persona o \$5 si trae disfraz El evento se llevará acabo llueve o truene

¡Deer Hollow Farm, en colaboración con la organización Friends of Deer Hollow Farm, lo invitan a usted y su familia a participar en un evento lleno de misterio! Explore



la granja y conozcan las ovejas, cabras, gallinas, conejos, cerdos y nuestra vaca Luna con su becerro. Diviértase con diferentes actividades, manualidades para los niños y artesanías. Ven a disfrutar la temporada de Halloween y ayúdanos a recaudar fondos para mantener la granja y alimentar el ganado.

La granja se encuentra en el Parque del Condado Rancho San Antonio y Reservación de Espacio al Aire Libre. Para instrucciones como llegar a la granja, visite el sitio Web de la granja, o llame al (650) 903-6430.

The House (La Casa)

298 Escuela Avenue Lunes - jueves: 4:00 - 7:00 pm Viernes y sábado: 4:00 - 8:00 pm

¡Reúnete con nosotros en THE HOUSE! Este programa GRATIS esta disponible para todos los estudiantes de Mountain View del 6 - 12 grado y esta SUPERvisado por líderes de recreación ¡THE HOUSE ofrece un ambiente social con billares, juegos de video, juegos de mesa, refrigerios y manualidades! Llena tu solicitud para ser miembro de THE HOUSE recogiendo una forma para inscribirte en el Centro Comunitario de Mountain View o por Internet al www.mountainview.gov. Las formas para inscribirte deben estas llenas en la segunda visita que hagas para poder seguir asistiendo. ¡Hay actividades diarias, recoge un Calendario con las Actividades en tu siguiente visita a THE HOUSE para que veas que la diversión esta a la vuelta de la esquina! Para más información, favor de comunicarte con la División de Recreación al (650) 903-6331.

Programa de Asistencia Financiera en Clases de Recreación (FAP)

La Ciudad de Mountain View (Alcaldía) provee a los residentes de Mountain View asistencia financiera limitada para que disfruten de las clases de recreación. Para calificar, los solicitantes deben ser residentes de Mountain View y ser evaluados por la Agencia de Servicios de la Comunidad (Community Services Agency) (Conforme a las guías de HUD del Condado de Santa Clara). La Forma de Asistencia Financiera de CSA original debe presentarse cada año en la primera clase de recreación que se inscriba. Al ser elegibles, se pueden inscribir a las clases que desean con un costo máximo de \$400 a \$800.

- Se cobrará una cuota de \$6 por cada clase que transfiera o cancele.
- Si cancela la clase con menos de 14 días del comienzo de las clases, se le rebajará el doble del costo de la clase de lo que le corresponde de FAP. No se reembolsará el costo de clases que ya haya sido utilizado para inscripción de lo que le corresponda del FAP, a menos que la Division de Recreación la
- Solicitud para transferir clases, si hay espacio, DEBEN hacerse con no menos de 7 días antes del primer día de ambas clases, incluyendo fines de semana y días festivos.
- Si las personas que reciben FAP no asisten el primer día de clase a la que están inscritas, serán suspendidos automáticamente y se les rebajará el doble del costo de la clase de lo que le corresponde del FAP. Para participantes inscritos en campamentos, deben reportar a la Oficina de Recreación su ausencia el primer día de la clases de cada sesión. Si usted no reporta la ausencia del participante, será suspendido del programa automáticamente.
- El FAP es válido por un año (septiembre 1 al 31 de agosto y no se puede usar para golf, tenis, natación (lap swim) y eventos especiales.

Horas de Oficina: Lunes - viernes 8:30 a.m. - 5:00 p.m.

E-Mail: recreation@mountainview.gov Sitio en la Web: www.mountainview.gov

información para inscripciones

Fechas de Inscripción

INSCRIPCIÓN PARA RESIDENTES DE MOUNTAIN VIEW Comienza: jueves 8 de septiembre 8:30 a.m.

INSCRIPCIÓN ABIERTA

Comienza: jueves 15 de septiembre 8:30 a.m.

Cómo Inscribirse



POR INTERNET

http://online.activenetwork.com/mvrecreation

CORREO* (No envíe dinero en efectivo) City of Mountain View Recreation Class Registration P.O. Box 7540 Mountain View, CA 94039-7540



FAX*:

(650) 962-1069

EN LA OFICINA*:



Lunes a viernes 8:30 am - 5:00 pm Centro Comunitario 201 South Rengstorff Avenue Mountain View, CA 94040

- Residentes de Mountain View: Un (1) comprobante de residencia debe presentarse por temporada. El la sección Información General se encuentran lo que puede usarse como comprobantes de residencia de Mountain View.
- No se aceptan inscripciones de varias familias o de grupos en la oficina.
- Por correo, fax o en la oficina serán tramitadas diariamente en el orden en el que se reciban. Se le enviará un comprobante de al tramitarlas.

Formas de Pago

Visa, MasterCard, Efectivo, o Cheque (a nombre de "City of Mountain View").

Cuota por Cheque sin Fondos: \$25 por cheque.

Información General

Póliza de Transferencias / Cancelaciónes / Reembolso:

- Todas las Transferencias / Cancelaciones / Reembolsos se deben hacer por escrito (Se aceptan e-mails).
- A todos las Transferencias / Cancelaciones / Reembolsos se les cobrará una cuota de \$6 por procesarlas por cada clase.
- La Solicitud para Cancelaciones / Reembolsos deben hacerse en no menos de 14 días antes del primer día de clases, incluyendo fines de semana y días festivos.
- No se aceptarán Cancelaciones / Reembolsos que se hagan en menos de 14 días antes del primer día de clases.
- Las Solicitudes de Transferencias, si hay lugar, deben hacerse en no menos de 7 días antes del primer día de ambas clases, incluyendo fines de semana y días festivos. Cuotas adicionales son resposabilidad de los participantes.

Asistencia a Clase: Asistencia a clase esta limitada solo a los participantes registrados. No se aceptan inscripciones en la clase. No se rebajan las cuotas si faltan a clase. No se ofrecen clases para reemplazar las clases perdidas.

Cancelación de Clases: Las clases que no tengan el mínimo cupo de alumnos se cancelarán. Se notificará a los participantes 3 días antes de que comience la clase. También se les devolverá toda la cuota de inscripción, o podrán trasferirse a otra clase si hay cupo. Los participantes serán responsables por cualquier cuota adicional.

Comprobante de Residencia en Mountain View: Los comprobantes que se aceptan son: Licencia de conducir vigente de California o Identificación, recibo de la luz, agua, teléfono, cuenta de banco o contrato de renta con membrete de la compañía. No se aceptan la licencia de conducir temporal, tarjetas de cambio de domicilio, Apartado Postal, cheques personales o cartas. El comprobante de domicilio debe tener el mismo nombre que el de la persona que se esta inscribiendo.

Lista de Espera: Su nombre se pondrá en la lista de espera si la primera o segunda que escogieron tiene cupo lleno.

Cumpleaños / Fecha de Nacimiento: Para inscribirse los participantes deben proveer la fecha de nacimiento y su edad exacta en el primer día de clase. Es posible que se les pida comprobante de su edad.

Infracción por Mal Comportamiento:

Los participantes que reciban 3 infracciones por mal comportamiento se le suspenderá del programa en el que estén participando. Se le reembolsará parte de la cuota, a reserva de lo que decida el supervisor.

Cuota por Recoger a los Niños Tarde: Los padres/ tutores que lleguen tarde a recoger a sus hijos de cualquier programa de recreación se les cobrarán \$6 por cada 15 minutos tarde. Todo aquel que tenga 3 infracciones por llegar tarde se les suspenderá del programa.

Las Personas que reciben FAP: Vea la página 2 para mayor información.

INSCRIPCIONES POR INTERNET

Para inscribirse Por Internet necesita:

- Un Número de Identificación Personal de La Familia (PIN)
- Tarjeta Visa o MasterCard

Para obtener el PIN Familiar:

- Vaya al Centro Comunitario de Mountain View, o llene la forma para solicitar su numero PIN (la forma esta disponible en www.mountainview.gov).
- Verifique los Miembros de la Familia Elegibles para Inscribirse a Clases en su Cuenta.
- Residentes de Mountain View: Traigan comprobante de Residencia.

Después de obtener su Número de PIN, vayan a:

http://online.activenetwork.com/mvrecreation ¡E Inscríbase!

forma de inscripción para clases de recreación

padre/adulto legal - contacto prin					Se	rvicio al Cliente:	(650) 903-6331		
Nombre	Apellido						Fax : (650) 962-1069		
Domicilio	Ciudad Zona Postal					-mail: recreation@mountainview.gov			
Tel. en Casa () Traba									
nformación de Emergencia:Nombre			Parent	esco	Tel. 🛘 Casa 🛭	☐ Cell ()			
Nombre	Apel	lido							
pago: ☐ Efectivo (no envie dinero efectivo) Farjeta Numero #					_ Fecha de caducidad/_		_		
	fecha de	masculino					segunda opción		
nombre del participante - nombre y apellic	do nacimiento	/ femenina	grado	# de clase	titulo de la clase	cuota	de clase		
						\$			
						\$			
						\$			
						\$			
						\$ \$			
						*			
					т	*			
Mencione algún medicamento, alergia o nece	sidad especial que el	personal deb	pa saber	sobre el partici		\$			
Mencione algún medicamento, alergia o nece Nombre del Participante:		•			pante:	\$ \$ \$ otal \$			

culpar a la Ciudad de Mountain View, así como desistir en presentar cargos y no hacer reclamaciones de ninguna índole, por perdidas, daños personales o muerte, así como daños a la propiedad, que pudiera suceder ahora y en el futuro, al Ayuntamiento de Mountain View, el Consejo de la Ciudad. empleados, agentes y voluntarios de culpas que puedan resultar o tenga conexión con mi participación en la clase o actividades, aún cuando los cargos sean a causa de negligencia o descuido de parte del personal o la institución mencionada. En el entendido que los accidentes o daños puedan suceder con mi participación en esta clase o actividad; y aún conociendo los riesgos, estoy de acuerdo en asumir dichos riesgos por mi, miembros de mi familia y mis asignados y desistir en presentar cargos y no hacer reclamaciones de ninguna índole a las personas o entidades mencionadas aun por negligencia o descuido, motivo por lo cual pudieran ser responsables de daños. Además tengo entendido que el Ayuntamiento de Mountain View, el Consejo de la Ciudad. empleados, agentes y voluntarios, no son responsables por los objetos personales propiedad de los participantes en la clase o actividad. En el entendido y estando de acuerdo con esta Liberación de Responsabilidades y los riesgos que esto pueda ocasionar a mi persona, miembros de mi familia o asignados en firmar libremente y sabiendo que es un compromiso legal para mí, miembros de mi familia y asignados. He leído y estoy de acuerdo a la inscripción y a las políticas de dicho programa. Al firmar doy fe de haberlo leído y del contenido de este documento.

liberación de responsabilidades: Para considerar la participación en las clases o actividades que ofrece la Ciudad de Mountain View, yo, al firmar la presente estoy de acuerdo a indemnizar y no

___ Fecha _____ ☐ Padre ☐ Tutor Legal ☐ Participante Firma X _ Empleado de la CD#/Depto.

Business Hours: Monday - Friday **Customer Service:** (650) 903-6331 E-mail: recreation@mountainview.gov

Fax: (650) 962-1069 Website: www.mountainview.gov

8:30 a.m. - 5:00 p.m.

Registration Dates

MOUNTAIN VIEW RESIDENT REGISTRATION Begins: Thursday, September 8, 8:30 a.m.

OPEN REGISTRATION

Begins: Thursday, September 15, 8:30 a.m.

How to Register



ON-LINE

http://online.activenetwork.com/mvrecreation

MAIL* (Please do not mail cash): City of Mountain View Recreation Class Registration P.O. Box 7540 Mountain View, CA 94039-7540



FAX*: (650) 962-1069

DROP-OFF* & WALK-IN*:

Monday - Friday 8:30 a.m. - 5:00 p.m. Community Center 201 South Rengstorff Avenue Mountain View, CA 94040

- Mountain View Residents: One (1) proof of residence must be provided per season. For acceptable proofs of residence, please refer to Proof of Mountain View Residency section under General Information.
- In order to be equitable to everyone, multiple family registration forms will not be accepted during walk-in registration.
- Mail, fax & drop-off forms will be processed daily, in order of date received. A receipt will be mailed when processed.

Forms of Payment

Visa, MasterCard, Cash, or Check (payable to "City of Mountain View")

Check Return Fee: \$25 fee per check returned.

General Information

Transfer / Withdrawal / Refund Policy:

- A written request is required for all Transfers / Withdrawals / Refunds (e-mail acceptable).
- All Transfers / Withdrawals / Refunds will be assessed a \$6 processing fee per transaction.
- Withdrawal / Refund requests must be made no less than 14 calendar days before the first day of class, including weekends and holidays.
- Withdrawals / Refunds requested less than 14 calendar days before the first day of class, including weekends and holidays, will not be honored.
- Requests for Transfers, if space is available, must be made no less than 7 calendar days before the first day of both classes, including weekends and holidays. Participants are responsible for any additional fees.

Cancellation: Classes not meeting minimum registration levels will be cancelled. Participants will be notified approximately 3 business days before class begins and issued a full refund, or be eligible to transfer to another class if space is available. Participants transferring will be responsible for any additional fees.

Class Attendance: Attendance in class is limited to registered participants. No registrations are accepted in class. Fees are not prorated and no make-up classes are offered for missed classes.

Waitlist: Your name will be placed on a waitlist if your first or alternate class choices are full.

Proof of Mountain View Residency:

Acceptable forms of proof include: Valid/Current California Driver's License or Identification, a Current Utility Bill, Bank Statement, or Rental Agreement on Property Management letterhead. Temporary California Identifications, DMV Change of Address cards, Post Office boxes, personal checks, letters, or flyers are not acceptable. The proof of residence must match the name and address on the registration form.

Birth Date/Age: To register, all participants must provide their date of birth and be the required minimum/ maximum age by the first day of class. Proof of age may be required.

Behavior Violation: Participants receiving 3 behavior violations will be removed from the specific program. A partial class refund may be granted at the discretion of the program supervisor.

Late Pick-up: Parents/guardians arriving late to pick up their child from any recreation program will be assessed a \$6 fee per 15 minutes late. Participants receiving 3 late pick-up fees, will be removed from the specific program.

Financial Assistance Participants (FAP):

Refer to page 2 for FAP information and policies.

ONLINE REGISTRATION

To register Online, you will need:

- A Family Personal Identification Number (PIN)
- A Visa or MasterCard

To obtain your Family PIN:

- Go to the Mountain View Community Center OR Complete a PIN & Login Request Form (the form is available at www.mountainview.gov).
- Verify Your Immediate Family Members Eligible for Class Registration on Your Account.
- Mountain View Residents: Please submit one current proof of residency.

After You Have your PIN Number, Go to: http://online.activenetwork.com/mvrecreation

and Register!

Classes with the following symbol are not available for Online Registration:



class	registration	form
-------	--------------	------

arent/legal adult - main conta	ct:					Custome	er Service	: (650) 903-6331	
irst Name	Last Name						Fax: (650) 962-1069		
	City Zip Code							ymountainview.go	
ome Phone () V						-mail			
mergency Contact:First	L	Last	Relations	hip	Phone □] Home □ C	ell ()	
ayment:	Check (<i>payable</i>	to "City of Moun	tain View	") □Visa □	MasterCard				
redit Card #						_/			
ame as it appears on Credit Card									
participant's first and last name	birthdate	male/female	grade	class #	class nam	е	fee	alternate class	
							\$		
							\$		
							\$		
							\$		
							\$		
							\$		
					I	Total	\$		
better assist all participants, please list an	y special needs fo	or the participant	(s) mentio	oned above (i.e. a	allergies, medications):	L			
articipant Name:	Special	Needs / Allergie	s / Medica	ations:					
hoto release: By affixing my initials here	: I DO NO)T agree nor gra	ant the Cit	v of Mountain Vie	w permission to use m	v and/or mv ch	nild's photo	ograph or likeness	
IULU IEIEASE. DV AIIIXIIIU IIIV IIIIIIAIS IIEIE						, ,	1	5 - 1	

to me against the City of Mountain View, its City Council, employees, agents, and volunteers for any liability arising out of or connected in any way with my participation in this class or activity, even though that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above. I understand that accidents and injuries can arise from participation in this class or activity; knowing the risks, nevertheless, I hereby agree to assume those risks on behalf of myself, my heirs and assigns and to release and to hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. Further, I understand that the City of Mountain View, its City Council, employees, agents and volunteers, are not responsible for the personal property of the participants in the class or activity. It is further understood and agreed that this waiver, release and assumption of risks has been freely entered into and is to be binding on me and on my heirs and assigns. I have read and agree to the registration and program policies. By my signature below, I acknowledge that I have read this document and understand its contents.

ignature X	 _ 🗌 Parent	☐ Legal Guardian ☐ Participant	City Employee#/Dept.:

MOUNTAIN VIEW RESIDENTS: MUST PROVIDE ONE ACCEPTABLE PROOF OF RESIDENCE. INCOMPLETE REGISTRATION FORMS WILL NOT BE PROCESSED.